

## Bridgette M Bewick (PhD, CPsychol)

### Published articles:

#### Peer Reviewed (selected)

- McAlaney, J., Helmer, S., Stock, C. Vriesacker, B., Van Hal, G., Dempsey, R., Akvardar, Y., Salonna, F., Kalina, O., Guillen-Grima, F., Bewick, B.M. and Mikolajczyk, R. (in press). Personal and perceived peer use of and attitudes toward alcohol among university and college students in seven EU countries: Project SNIPE. *Journal of Studies on Alcohol and Drugs*.
- Helmer, S.M., Mikolajczyk, R.T, McAlaney, J., Vriesacker, B., Van Hal, G., Akvardar, Y., Fuillen-Grima, F., Salonna, F., Stock, C., Dempsey, R.C., Bewick, B.M., and Zeeb, H. (2014). Illicit substance use among university students from seven European countries: A comparison of personal and perceived peer use and attitudes towards illicit substance use. *Preventive Medicine*, 67:204-209.
- Bewick, B.M., Rumball, K., Birtwistle, J., Shaw, J., Johnson, O., Raistrick, D., and Tober, G. (in press). Developing a web-based intervention to increase motivation to change and encourage uptake of specialist face-to-face treatment by hospital inpatients: ChangeDrinking. *Drug and Alcohol Review*.
- Allsop, M., Taylor, S., Mulvey, M., Bennett, M. and Bewick, B.M. (in press). Information and communication technology for managing pain in palliative care: a review of the literature. *BMJ Supportive and Palliative Care*.
- Bewick, B.M., West, R.M., Barkham, M., Mulhern, B., Marlow, R., Traviss, G. and Hill, A.J. (2013). The effectiveness of a web-based personalized feedback and social norms alcohol intervention in UK University students: Randomized Controlled Trial. *Journal of Medical Internet Research*, 15(7):e137.
- Dempster, P.G., Bewick, B.M., Jones, R. and Bennett, M.I. (2012). Management of cancer pain in the community: Perceptions of current UK information technology systems and implications for future development. *Health Informatics Journal*, 18(4):284-293.
- Hagger-Johnson, G., Bewick, B.M., Conner, M., O'Connor, D.B., and Shickle, D. (2011). Alcohol, conscientiousness and event-level condom use. *British Journal of Health Psychology*, 16(4), 828-845.
- Craigs, C.L, Bewick, B.M., Gill, J., O'May, F. and Radley, D. (2011). UK student alcohol consumption: A cluster analysis of drinking behaviour typologies. *Health Education Journal*. DOI: 10.1177/0017896911406967
- McAlaney, J., Bewick, B.M. and Hughes, C. (2011). The international development of the 'Social Norms' approach to drug education and prevention. *Drugs: education, prevention and policy*, 18(2), 81-89.
- Bewick, B.M., West, R.M., Gill, J., O'May, F., Mulhern, B., Barkham, M. and Hill, A.J. (2010). Providing web-based feedback and social norms information to reduce student alcohol intake: a multi-site investigation. *Journal of Medical Internet Research*, 12(5), e5.
- Cunningham, J.A., Khadjesari, Z., Bewick, B.M. and Riper, H. (2010). Internet-based interventions for problem drinkers: From efficacy trials to implementation *Drug and Alcohol Review*, 29, 617-622.
- Twigg, E., Barkham, M., Bewick, B.M., Mulhern, B., Connell, J. and Cooper, M. (2009). The Young Person's CORE: Development of a brief outcome measure for young people. *Counselling and Psychotherapy Research Journal*, 9(3): 160-168.
- Wright, F., Bewick, B.M., Barkham, M. House, A.O. and Hill, A.J. (2009). Co-occurrence of self-reported disordered eating and self-harm in UK University students. *British Journal of Clinical Psychology*, 48, 397-410.
- Bewick, B.M., Gill, J., Mulhern, B., Barkham, M., Hill, A.J. (2008). Using electronic surveying to assess psychological distress within the U.K. student population: a multi-site pilot investigation. *E-Journal of Applied Psychology*, 4(2):1-5.
- Bewick, B.M. Trusler, K., Mulhern, B., Barkham, M. and Hill, A.J. (2008). Feasibility and effectiveness of a web-based personalized feedback and social norms alcohol intervention in UK university students: a randomized control trial. *Addictive Behaviors*, Doi:10.1016/j.addbeh.2008.05.002.
- Bewick, B.M, Mulhern, B., Barkham, M., Trusler, K., Hill, A.J. and Stiles, W.B. (2008). Changes in undergraduate student alcohol consumption as they progress through university. *BMC Public Health*, 8, 163, Doi:10.1186/1471-2458-8-163.
- Bewick, B.M., Trusler, K., Barkham, M., Hill, A.J., Cahill, J. and Mulhern, B. (2008). The effectiveness of web-based interventions designed to decrease alcohol consumption – a systematic review. *Preventive Medicine*, Doi:10.1016/j.ypped.2008.01.005.
- Mullin, T., Barkham, M., Mothersole, G., Bewick, B.M. and Kinder, A. (2006). Recovery and improvement of benchmarks for counseling and the psychological therapies in routine primary care. *Counselling and Psychotherapy Research*, 6(1), 1-13.
- Bewick, B.M., McBride, J. and Barkham, M. (2006). When clients and practitioners have differing views of risk: Benchmarks for improving assessment and practice. *Counselling and Psychotherapy Research*, 6(1), 50-59.

Bewick, B.M., Trusler, K., Mullin, T., Grant, S. and Mothersole, G. (2006). Routine outcome measurement completion rates of the CORE-OM in primary care psychological therapies and counseling. *Counselling and Psychotherapy Research*, 6(1), 33-40.

**External funding** (selected):

Bennett, M., Allmark, C., Bewick, B.M., Blenkinsopp, A., Brown, J., Closs, J., Fleming, K., Foy, R., Godfrey, M., Hall, G., Hulme, C., Jones, R., Pavitt, S., Rainey, P., Ziegler, L., Fox, D. Improving the Management of Pain from Advanced Cancer in the Community (IMPACCT). NIHR Programme Grants for Applied Research. 2012-2017 £1,994,907.

Zeeb, H., Mikolajczyk, R., Schmid, M., Guido, V.H., Vriesacker, B., McAlaney, J., Stock, C., Guillen-Grima, F., Aguinaja-Ontoso, E., Aguinaja-Ontoso, I., Nunez-Cordoba, J.M., Bewick, B.M., Orosova, O., Sebens, R., Salonna, F. Social Norm Intervention for the prevention of Polydrug use (SNIPE). Specific Transnational Projects Action Grants (JLS/2009-2010/DPIP/AG). European Commission Drug Prevention and Information (€393,266).

Bennett, M., Stark, D., Brown, J., Foy, R., Godfrey, M., Jones, R., Class, S.J., Flemming, K. Hulme, C., Rainey, P., Pavitt, S., Dempster, P., Bewick, B.M. and Fox, D. Improving the management of pain from advanced cancer in the community (IMPACCT). NIHR Programme Development Grant (Oct 2009-March 2011; £99727; 18 months duration; Ref: RP-DG-1108-10010).

Bewick, B.M. and Hill, A.J. The development of a web-based personalized feedback and social norms intervention for alcohol use in young people aged 16-18 years. Leeds NHS Primary Care Trust (March 2008-July 2009; £35,234).

Bewick, B.M., Barkham, M., Hill, A. J., Roberts, K. and Lowe, R. The efficacy of delivering an electronic feedback and social norms intervention designed to decrease university students' consumption of alcohol: a multi-centre investigation. Alcohol Education and Research Council. (July 2007- December 2010 £47,450; research project duration 24 months; Ref 05/2006).

Bewick, B.M., Barkham, M. and Hill, A.J. The e-UNICAL project: A feasibility and effectiveness study into delivering an Electronic feedback and social norms intervention designed to decrease UNiversity students' Consumption of Alcohol. European Research Advisory Board. (January 2006 - January 2008; £55,039; research project duration 24 months; Ref: JW EA0508).